**Deeside Hill-walking Club**

**COVID-19 Risk Assessment**

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| **Walk Location** |  | **Walk Date** | **dd/mm/2021** |
| **Walk Coordinator** |  | **Risk Assessment Prepared** | **dd/mm/2021** |
| **COVID Officer** | **Sandy Reid** | **Risk Assessment Reviewed** | **dd/mm/2021** |

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| **Potential Hazard** | **Who might be harmed and how?** | **Specifics to be Considered** | **Risk Mitigation****Examples** |
| Transmission of COVID-19 through close contact / meeting other people | Participants, local residents and members of the public – risk of being infected by COVID-19 (could result in serious illness)  | Sufficient and safe car parking? | Selected less popular start point |
| Is there residential, farm or estate buildings near the route? | Yes, proposing diversion from 'normal' route to avoid |
| Are there any 'pinch' points? | Yes, narrow paths - reminders on social distancing |
| Is the summit area small or likely to be busy? | Could be busy but enough ground to socially distance |
| Rest and food breaks? | Encourage these to be taken in smaller groups and/or where large area of suitable ground |
| First Aid incident? | Self administer where possible. Reduce number of people involved to absolute minimum. Ensure use of gloves and masks |
| Return to car park and group dispersal | Encourage group to further space during the final part of the walk so that not all walkers at car parking at same time |
| Someone in the group already potentially infected  | Ask all participants about recent ill health and contacts |
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|  | Emergency services personnel - close contact following an incident. Risk of being infected by COVID-19 (could result in serious illness) | Are there technical difficulties on the route out- with normal hill walking? | No |
| Is extreme weather forecast or has there been heavy rain in the preceding days? | Forecast reasonable but recent rains may have caused burns to be in spate - divert upstream |
| Is there enough daylight hours to complete the route? | Yes |
| Transmission of COVID-19 through touching gates, stiles, fences or equipment | Participants, local residents and members of the public – risk of being infected by COVID-19 (could result in serious illness) | Gates, fences, stiles etc | Encourage use of hand sanitizer and at gates have one person opening and closing |
| Personal clothing and equipment | Do not share under any circumstances |
| Food and cake | Do not share or accept |
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